

Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021

Accredited by NAAC with "A" Grade



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JESUS AND MARY COLLEGE

UNIVERSITY OF DELHI

SUPPORTING DOCUMENTS FOR 3.4.3 & 3.4.4

REPORTS OF THE EXTENSION ACTIVITIES OF THE FOLLOWING SOCIETIES AND DEPARTMENTS FOR THE PERIOD

2017-2018

SOCIETIES

NSS

WSC

JMCEP

ENACTUS

AICUF

GREEN SOCIETY

NCC

EOC

HINDI DEBATING SOCIETY

NDMC SCHOOL PROJECT

DEPARTMENTS

PSYCHOLOGY DEPARTMENT

HISTORY DEPARTMENT

ENGLISH DEPARTMENT

MATHEMATICS DEPARTMENT

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NATIONAL SERVICE SCHEME (NSS)

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National Service Scheme (NSS) JESUS AND MARY COLLEGE REPORT: 2017-2018

No. of students: 1500



S.no	Events	Date
1	Celebration of International Yoga day	21st June 2017
2	Orientation	23rd August 2017
3	Online essay Writing Competition	
4	Swachta Pakwada(Cleanliness Drives)	2nd-6th September 2017
5	NGO Talks (Ropio,love care,Rhythm of Life)	6th September 2017
6	Talk on o"Study of the Garbage System in Public Spaces	7th September 2017
7	Poster Making Competition on "Cleanliness and Health"	8th September 2017

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S.no	Events	Date
8	Umeed Collection Drive	13th September 2017
9	NGO Talks(Aarohan,Cankids,Cry)	13th September 2017
10	Organ Donation Talk by NOTTO	13th September 2017
11	Blood Donation Camp	14th September 2017
12	NGO talks(Katha,UdayanCare,Pravah)	27th September 2017
13	"UDDAN" Panel Discussion on Substance Abuse	28th September 2017
14	Diwali Mela "Sparsh"	12th October 2017
15	Road Safety Awareness Talk	3rd November 2017
16	Youth Day celebration Talk	12th January 2017

S.No	Events	Date
17	Pledge	29th Jan 2018
18	KHEL	31st January 2018
19	Sanitary Napkin Collection Drive And Distribution in Slum	26th February 2018
20	Ani Stress Talk	28th February 2018
21.	Talk On Mental Awareness Talk	14th March 2018

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CELEBRATION OF YOGA DAY

International
Yoga Day on
21st June 2017.



INTERNATIONAL YOGA DAY 21st June, 2017

NSS JMC arranged a talk full of ardour and zeal on the 21 June 2017, promoting the INTERNATIONAL YOGA DAY- Relevance of Yoga in the contemporary time amongst the youth.

The students were made aware about the importance and benefits of yoga by Yogacharya Pawan Raipuria. An authorised yoga coach and lifestyle consultant, junior research fellow with central council for research in yoga and naturopathy (AYUSH) ministry of health and family welfare.

The onset of the event was earmarked by an Oath Taking Ceremony and was marked with the presence of the college principal, teachers and students. Around 100 volunteers gathered with the eagerness to gain an insight about how indispensable yoga is.

The students were also enlightenment about the Patanjali's Ashtanga Yoga. A number of asanas including kapalbhati, pranayam were explained in detail and demonstrated by the speaker and volunteers were made to participate.

The event ended with an interactive question and answer session. Many questions were raised from the audience some of which were related to food, health and lifestyle leaving all the participants with a positive thought of practicing yoga every day.

The focus was on how we can improve our lifestyle by incorporating yoga in our day to day activities and acquire physical, mental and spiritual coordination.



NSS ORIENTATION DAY (23rd August, 2017)

NSS JMC organized the annual NSS Orientation on 23rd August 2017. Nearly 1500 volunteers were present. The orientation began with the convenors and office bearers lighting the lamp, followed by the NSS song. An informative presentation was shown to the volunteers, briefing them about all the activities and events NSS JMC has held in the past. The volunteers were acquainted with the rules and regulations that guide the functioning of NSS, and all of their queries were answered. After which a cultural programme was performed by the Indian Dance Society of JMC, Nrityanjali.

The volunteers were also addressed by our convenors. The new junior core, along with the senior core were introduced to the volunteers and the event was concluded with the national anthem.

Orientation Day

- The NSS year kick started with the annual orientation on 23rd August 2017 where all volunteers were introduced to the society, acquainted with the rules and regulations that guide the functioning of NSS, and all of their queries were answered.



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- Story telling by students to the underprivileged in collaboration with the NGO "YOUTH FOR SEVA".
- Cleanliness drive from 2nd to 5th.
- Pledge on anniversary of Quit India Movement.

- Rally and Poster making to promote cleanliness.
- Donation drive of mosquito coils and repellent sprays for a slum.





Adoption of Slum

NSS JMC this year adopted Slum behind the British School and from time to time organised various distribution drives there some of them are:

- Distribution Drive of Mosquito Repellents And Coils
- Distribution Drive of Basic Hygiene Products Like Soaps, Shampoos etc
- Distribution Drive Of Sanitary Napkins



SWACHHTA PAKHWADA (14th August, 2017- 30th August, 2017)

NSS JMC as a part of swachhta pakhwara organised multiple events in and around college. The aim of the campaign was to inspire, motivate and inculcate values in the students and in people around us about the importance of basic cleanliness and hygiene. The campaign was carried out at various locations around the city, attended by a number of our volunteers. Multiple Cleanliness drives were organised in and around the college and an oath was taken by students pledging their service to their country by keeping it clean. As a part of it was a rally organised in our college on 14th August 2017, where the volunteers marched around the college with NSS SWACHHTA PAKHWARA banners and promoted the initiative.

SWACHHTA PAKHWADA

- Online essay writing competition on SWACHHTA PAKHWADA.
- Cleanliness drive from 1st to 6th.
- NGO TALKS (ROPIO, LOVE CARE ,RHYTHM OF LIFE)



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Our convenors Dr Preeti Gosh, Dr Kamleesh Mahajan and Mrs Monica Chhabra with the senior core team participating in NSS SWACHHTA PAKHWADA.

SWACHHTA HI SEVA (15th September, 2017 to 2nd October, 2017)

To celebrate the third anniversary of Swachh Bharat the Government of India launched an initiative in the important sphere of Swachhta. The period from 15th September 2017 to 2nd October 2017 was earmarked as 'SWACHHTA HI SEVA', the objective of which was to strengthen the existing measures being undertaken in ensuring all round hygiene so that the mission mode pursuit leads to a mindset of zero tolerance towards anything unhygienic.

With great zeal and enthusiasm, NSS JMC took upon the endeavour and worked towards achieving the best result. As part of the project NSS implemented and executed the specified activities in the campus during the above-said period.

The project 'Swachhta Hi Seva' commenced with an Oath Taking Ceremony led by the Principal of the college wherein more than hundred student volunteers along with the teachers and NSS Team assembled in the common room to take the pledge to observe hygiene and cleanliness in all aspects of daily life and to sensitize others to follow suit.

As the Swachh Bharat Movement coincided with the Golden Jubilee Celebration of the college, we were honoured by the august presence of the President of India Shri Ram Nath Kovind, who graced the occasion. As part of the celebrations Mr. President planted a sapling. The student volunteers carried forward the Tree Plantation Drive within the campus, covering the vacant spots by planting saplings.

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Dr. P K Sharma, Medical Officer of Health & Director of Health Services was invited to the college to deliver a talk, imparting the importance of the 'Garbage Cleaning Systems in Public Spaces'.

A cleanliness drive was organised within and outside the college. The prime motive of the drive was to create awareness amongst students regarding cleanliness. As a part of the drive the volunteers uncluttered the classrooms, dusted desks and collected litter. The drive was extended till the bus stop at Bapu Dham in Chanakyapuri. The activity was instrumental in making the students realize the importance of their role in keeping the environment clean and healthy. The NSS team got together and collected plastic dustbins, garbage bags, shampoo sachets, hand wash and paper soaps to be distributed among the slum dwellers. The team visited them and communicated with the women and the children of the area, explaining the need for basic hygiene in their day to day life. The same day the team organized and took out a rally on Hygiene Sensitization in the campus.

The NSS JMC coordinated and synchronized a poster making competition inviting students to participate and express their perception through artwork, of a clean and green environment. The posters were displayed in the amphitheatre of the college for the students to ponder upon.

The facility for the rain water harvesting already installed in the front lawns and the ground of the college accumulates and deposits the rainwater for reuse on-site, rather than allowing it to run off.

NSS DAY (23rd September, 2017)

A cleanliness drive was organised in Jesus and Mary college on the occasion of NSS DAY. The prime motive of the drive was to create awareness amongst student regarding cleanliness. As a part of the drive the volunteers were supposed to clean classrooms. The volunteers of the drive dusted desks, white boards, collected litter, cleaned the floor. The drive was quite motivating for the students as the they realised how instrumental their role is in keeping the environment clean and healthy. The students put their best foot forward in making this drive a success and also understood the dignity of labour.

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- Talk on "Study of garbage cleaning system in public spaces".
- UMEED donation drive.



- **NGO Talks by Aarohan, Cankids, Cry**
- **Organ Donation Talk and Pledge**



NSS JMC
PRESENTS
A TALK ON
ORGAN
DONATION
BY: DR. VIMAL BHANDARI,
M.S (GEN. SURGERY) PGI

13 SEPTEMBER'17
TIME: 10:30-11:30am
VENUE: MPH



BLOOD DONATION CAMP

NSS JMC in collaboration with Red Cross organised a blood donation camp on 14th September, 2017. The Indian Red Cross is a voluntary humanitarian organization . It is a leading member of the largest independent humanitarian organization in the world, the International Red Cross & Red Crescent Movement.

The Mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace.

The blood donation drive took place in the basketball court and was from 9am to 2pm, two hundred volunteers came to show their support but only 25 could donate blood due to reasons beyond control. The Red Cross team had taken full precaution and safety for the health of the volunteers. Towards the end of the drive our principal Sr Dr. Rosily came in support of the cause.

The Indian Red Cross is a pioneer in the field of blood services and one of the largest voluntary blood banks in India. It has more than 100 blood banks all over the country under different states and district branches.

- **BLOOD DONATION DRIVE:**

NSS JMC in collaboration with Red Cross organised a blood donation camp on 14th of September. Two hundred volunteers came to show their support but only 25 could donate blood due to reasons beyond control.

Towards the end of the drive our principal Sr Dr. Rosily came in support of the cause.

The Blood Donors were given an opportunity to get clicked in a picture with the Honorable President of Our Country Mr. RAM NATH KOVIND



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- ONLINE MOTTO SUBMISSION
- CLEANLINESS DRIVE
- NGO TALKS BY UDYAN CARE, KATHA AND PRAVAH





Seminar cum Panel Discussion on Ill effects of Substance and Drug Abuse (in collaboration with Delhi Government and Udaan) – 28th September, 2017

NSS JMC in collaboration with Delhi government and Udaan organised a seminar cum panel discussion on the ill effects of substance and drug abuse.

Drug use can have a wide range of short- and long-term, direct and indirect effects. These effects often depend on the specific drug or drugs used, how they are taken, how much is taken, the person's health, and other factors. Short-term effects can range from changes in appetite, wakefulness, heart rate, blood pressure, and/or mood to heart attack, stroke, psychosis, overdose, and even death. These health effects may occur after just one use.

Longer-term effects can include heart or lung disease, cancer, mental illness, HIV/AIDS, hepatitis, and others. Long-term drug use can also lead to addiction. Drug addiction is a brain disorder. Not everyone who uses drugs will become addicted, but for some, drug use can change how certain brain circuits work. These brain changes interfere with how people experience normal pleasures in life such as food and sex, their ability to control their stress level, their decision-making, their ability to learn and remember, etc. These changes make it much more difficult for someone to stop taking the drug even when it's having negative effects on their life and they want to quit.

In view of this, NSS JMC invited a highly well versed panel to educate the people. The panel consisted of psychiatrists, recovered addict and speakers from social organisations.

Dr. Kanika Malik has a PH.D in clinical psychology, from national institute of mental health and neuro sciences, Bangalore. She is currently working as intervention director in the PRIDE project. Mr. Kunal Kishan is a senior Technical Advisor with the enterprise application centre of the UN OICT. He has headed the Drug Prevention and Health programme in South Asia for the office on Drugs and Crime.

Mr Shaleen is an officer on special duty with the chief minister of Delhi. He is also representing Delhi in state executive committees for people with disability.

Mr Yash Badal, who has been clean since 2015 and shared his own experience with alcoholic abuse.

More than 300 volunteers were present. The event began with a play by students from Motilal Nehru college. This was followed by the panel discussion, where the students were briefed about the ill effects of substance, and their questions were answered.



● UDAAN SEMINAR AND PANEL DISCUSSION

NSS JMC in collaboration with Udaan organised a seminar cum panel discussion on the ill effects of substance and drug abuse.

The panel consisted of psychiatrists, recovered addict and speakers from social organisations.

More than 150 volunteers were present. The event began with a play by students from Motilal Nehru college.

This was followed by the panel discussion, where the students were briefed about the ill effects of substance, and their questions were answered.



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SPARSH Diwali Mela to Support NGOs

SPARSH

Organised on 12th October 2017 was on one of the biggest and most beautiful Diwali Mela across Delhi University.





RASHTRA EKTA DIVAS (31st October, 2017)

National Unity Day or Rashtra Ekta Divas is celebrated to pay tribute to Vallabhai Patel, who was instrumental in keeping the country united. NSS JMC volunteers on 31st October 2017, assembled at 11:50 to celebrate this day. Many volunteers were present. They were informed about the day, and the reason behind it's celebration. Posters were made by the volunteers to spread awareness about the event. The volunteers undertook a pledge of unity, which was followed by a run for unity held in the college premises. The run was organised to promote a sense of unity or 'ekta' among the students without any sense or need of competition.

PLEDGE AND ROAD SAFETY TALK



- NATIONAL UNITY DAY PLEDGE
- ROAD SAFETY TALK



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KHEL

The highlight of the year for NSS society was their new initiative 'KHEL'. This event was a sports day organised for children between the age group of 9-11 year. Many children from NGO's were invited for this day filled with games, activities and fun. They also received prizes followed by refreshments. This day was not just enjoyment for the children but for the volunteers as well.





NATIONAL VOTERS DAY

Nss organised a pledge to celebrate National Voters day on 25th January 2018. The pledge aimed at encouraging more young voters to take part in the political process. Many volunteers actively took part in it. A desk was also set up in college for the enrollment of Voter Id Cards.



Rape Roko March

Volunteers participated in Rape Roko March led by the Delhi Commission Of Women with aim to end sexual violence.



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NSS JMC conducted a collection drive in collaboration with the NGO 'We Clothe Them', who work towards helping the less privileged. The drive took place on 28th February 2018, with a huge turnout of volunteers. Many clothes were donated by all volunteers for all age groups. The main aim of the drive was to empower the less privileged by giving them access to the most basic need of survival.



MENTAL AWARENESS TALK

Talk on Importance of Mental Health and well being by Dr. Vandana Mehta of Safdarjung Hospital.



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WOMEN'S STUDY CENTRE (WSC)



Women's Study Centre (WSC)

Jesus and Mary College

Dr. Maya John has been Convener of the WSC since August 2016. WSC is one of the compulsory societies of the college. The co-convener since August 2016 has been Dr. Susan George.

On an average all the events mentioned below witnessed the participation of four to five staff advisors i.e. teachers associated with the WSC.

Despite some very consistent work and sensitization of students, WSC does not work towards formal awards. Till September 2017 WSC was a UGC-sponsored women's study centre. Since UGC funding has been discontinued with the XIIth plan coming to an end, we have become a self-financed women's study centre.

Year	Programme	Purpose	Number of Participants/Speakers	Report of the Event
2017	WSC Orientation program and general body meeting for the new academic session 2017-18 was held in August 2017			New student office bearers of the WSC were elected, and 80 new members inducted into the WSC.
	"Violence in the Home"	Panel discussion, a debate competition and poster-making competition on domestic violence	Roughly 100 participants Speakers of the Panel Discussion: 1. Dr. Sophy Joseph, Assistant Professor, National Law University, Delhi. 2. Dr. Sadhna Arya, SAHELI Resource Centre.	The program began with a panel discussion titled "Debating recent attempts at dilution of the law against domestic violence" in which Dr. Sophy Joseph and Dr. Sadhna Arya spoke about the recent Supreme Court judgments on domestic violence legislation. The debate competition and poster-making competition were inter-college events and there were several good entries.
	Special lecture on "Triple Talaq"	To familiarize students with Muslim personal law on marriage and divorce, and to understand the	Roughly 60 students Speaker: Professor Furqan Ahmad, Professor	Professor Furqan Ahmad explained the legal aspects behind the controversial bill on triple talaq.

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		ongoing debate on triple talaq	at Indian Law Institute, Delhi	
Workshop titled "Gender and Media"	Provide an opportunity to interact with women well established in the field of media, and to problematize gender norms perpetuated by mainstream media		<p>Roughly 100 students</p> <p>Resource persons:</p> <ol style="list-style-type: none"> 1. Dr. Karen Gabriel, Associate Professor of English at St Stephen's College, 2. Ms. Poornima Joshi, Senior Journalist with Hindu Business Line 3. Ms. Vandana Sebastian Bawa, Principal Correspondent at NewsX, 4. Ms. Sukriti Chauhan, a performing artist 	<p>The workshop was divided into three sessions, each addressed by our panelists. In session 1, Dr Karen Gabriel introduced the idea of 'gender' and how media has established a false notion of masculinity and femininity through its stereotyping. In session 2, Ms. Poornima Joshi and Vandana Sebastian Bawa discussed how journalism, with its structural sexism and lack of security for female reporters, pushes gender-bias further and in turn oppresses women's voices. In session 3, with Sukriti Chauhan, the students had an enjoyable interactive session wherein through activities, presentation of videos and discussions, the myth surrounding genders and their assigned societal roles was continuously questioned.</p>
				
Talk on pre-examination stress management	To help students manage stress and anxiety related to examinations/entrances		<p>Roughly 50 students</p> <p>Resource person: Ms. Shalini John, college counselor</p>	<p>Based on inputs from students the WSC organized a pre-examination stress management session, which was well-attended. The session was interactive and discussed the importance of speaking about/confronting such stress rather than letting it fester.</p>
Workshop titled "Women's Voices from the Margins"	To familiarize the students with the challenges and resulting struggles of communities of		<p>Roughly 100 students</p> <p>Resource persons:</p> <ol style="list-style-type: none"> 1. Gautam Navlakha, PUDR 	<p>The workshop was divided into three sessions:</p> <p>Session 1: Women's voices from Kashmir in which Mr. Gautam Navlakha and Paul D'Souza discussed the struggles of</p>

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		women who are either based in conflict zones, regions that have witnessed massive exploitation of natural and human resources, or belong to marginalised sexualities.	<p>activist and editorial consultant at <i>Economic and Political Weekly</i></p> <p>2. Paul D'Souza, Senior Fellow, Indian Social Institute.</p> <p>3. Dr. Papori Bora, Centre for Women's Studies, JNU</p> <p>4. Prof. Archana Prasad, Centre for Informal Sector and Labour, JNU</p> <p>5. Ms. Ritambhara Mehta, co-founder of Nazariya Queer Feminist Resource Group</p>	<p>Kashmiri women against militarization in the region, and the plight of 'half widows'.</p> <p>Session 2: Women's voices from adivsai communities in which Prof. Prasad introduced students to the exclusion inherent in terminology like 'tribals' and the problems with the existing developmental discourse. Dr. Bora read out portions of her paper on North-East women writers who capture the stories of exclusion, patriarchy, etc.</p> <p>Session 3: Voices from the LGBTQ communities in which Ms. Rithambhara conducted an interactive session on stereotypes with respect to sexual orientation and the criminalising aspects of the law.</p>
2018	Panel discussion titled "Challenges Relating to Women's Healthcare Needs in India"	Discuss the taboos associated with women's bodies, the negligence of the old and infertile women from government health policies, and problems associated with patent bids of big pharmaceutical companies.	<p>Roughly 80 students</p> <p>Panelists:</p> <p>1. Dr. Bijayalaxmi Nanda, Associate Professor at Miranda House;</p> <p>2. Ms Jupi Gogoi, Assistant Professor at Indian Law Institute; and</p> <p>3. Ms. Anupama Dutta, Director at HelpAge India</p>	The workshop was interactive and looked at health concerns of women across age groups. Students' attention was drawn towards the major lacunae in government policies on health, and in international trade agreements pertaining to medical goods/technologies.
	Screening of the movie "Queen of Katwe", and the short film "Afzana"	To discuss struggles of less-privileged young women	Roughly 150 students	WSC screened movies and documentaries that touched on major issues of women's rights and experiences with discrimination. Along with the college Gender Champions, the WSC showed these two films, one of which (Afzana), starred a JMC student.

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	<p>Research projects and field action</p>	<p>The WSC conducted two research projects in the 2017-18 academic session in the effort to keep our members connected to the ground realities of the average woman's experience with discrimination</p>	<p>Roughly 20 WSC members involved actively</p>	<p>The first project involved conducting a Safety Audit of the areas immediately surrounding the college. We surveyed the neighbouring area of Satya Niketan and Babu Dham in the early morning and evening. Street lighting, policing and availability of basic requirements were checked. Students worked with hand-made maps, indicating stretches where safety was lacking, along with the reason for the same.</p> <p>The second project involved visiting some of Delhi's One-Stop Rape Crisis Centre and assessing their accessibility. For this project, the WSC members first read up about the one-stop centers, and then visited two such centers, i.e. the RML Hospital, and Sanjay Gandhi Hospital. In these visits, they spoke to staff manning the centres so as to understand the procedures utilized in these special centres and to learn about the number of cases being reported at these centres.</p>
	<p>Commemoration of International Girl Child Day</p>	<p>Awareness and solidarity drive against violence and discrimination faced by the girl child</p>	<p>Roughly 80 students</p>	<p>WSC led an online campaign where the members came forward to speak what this day meant for them. It was followed by our first ever Candle Light Vigil at Connaught Place for stressing the need to stop female feticide and violence against women in all forms.</p> 
	<p>Campaign against Holi hooliganism</p>	<p>Awareness drive</p>	<p>Roughly 50 students</p>	<p>In response to many JMC students complaining of holi harassment on buses and on the street prior to Holi, the WSC along with the students' union held a protest meeting outside Police Headquarters, Delhi, and submitted a petition to the DCP, Central District.</p>

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Jagriti 2018	Annual WSC festival to commemorate International Women's Day	Roughly 150 students	Continuing with the theme of "Say No to Holi Hooliganism", we were delighted to see people not only participating in the competitive events of slam poetry and poster-making but also coming forward to talk about the issues that intimidate women in this society. This was a joint celebration of various WSCs. The JMC WSC yet again hosted the program due to our sincere efforts to coordinate with neighbouring women's study centres.
Closing outreach program for 2017-18 academic session – Screening of the film Masaan	To encourage JMC students to think of gender concerns and continue with/join the WSC is the next academic session	Roughly 80 students	Following the screening of the Hindi film Masaan, there was a discussion on social taboos surrounding women's sexuality and the entrenched nature of prevailing caste norms about marriage. WSC members were also felicitated for completing WSC workshops.

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JESUS AND MARY COLLEGE EDUCATIONAL PROGRAMME (JMCEP)



Report of Extension Activities

Jesus And Mary College Educational Programme (JMCEP)

Jesus and Mary College Education Programme is a student initiative aimed at empowering school children from poor sections in Chanakyapuri through education and values that go beyond the concise boundaries of textbooks. The society hence strives to narrow the gap between poverty and equitable quality education.

Convenor:

2017 -2018 – Ms. Charu Gupta

Activities organized during the year 2017 – 2018

90 students from the college registered as members of JMCEP to teach children between nursery to Class XI from neighbouring colonies of Bapu Dham, Vivekananda Camp, and children of construction workers residing within the campus.

- 8th September, 2017 - Book distribution drive for the children.
- 13th October, 2017 - Workshop by Teach For India for the society members on the purpose of teaching and education, as well as tips on how to teach our children better.
- 17th October, 2017 - Diwali DIY with the children.
- 10th November, 2017 - Interactive session with the children teaching them about trafficking, drug addiction, sexual offences etc.
- 23rd January, 2018 & 25th January, 2018 - Interactive class and DIY with CRY (Child Rights and You) with the theme of Republic Day.
- 22nd February, 2018 - Distribution of notebooks for children by MUN society of JMC.
- 11th April, 2018 - Movie Screening of Delhi Safari.
- 23rd April, 2018 - Annual JMCEP Day
- Story Telling Competition
- Volunteers of the society have visited the camps and bastis on various occasions to talk to the parents of the children. Distribution and donation of food and other stationary goods such as notebooks etc. Inculcating positive attitudes as well as moral values in the children.
- Teaching the children and helping them to grow and reach beyond what they believe they are capable of. Not only focusing on studies and books, but also giving substantial attention to DIYs, movie screenings and other extracurricular activities.

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DIY Session with JMCEP Kids



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ENACTUS

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ENACTUS

Jesus and Mary College

Annual report: 2017-18

No. of students: 63

Convenor: Dr. Mani A. Nandhi

enactus
JESUS AND MARY COLLEGE

ANNUAL REPORT

2017-18

Iffat is an innovative waste management solution that endeavours to reduce waste, improve sanitation and offer livelihood opportunities for poor women affected or infected by HIV and AIDS. Iffat achieves this by reprocessing of slightly used soap bars from hotels and turning it into new soap cakes by target audience. Soaps are available in three fragrances and are sold at a minimal price in areas with poor sanitation issues.

PROJECT IFFAT

PARTNERS

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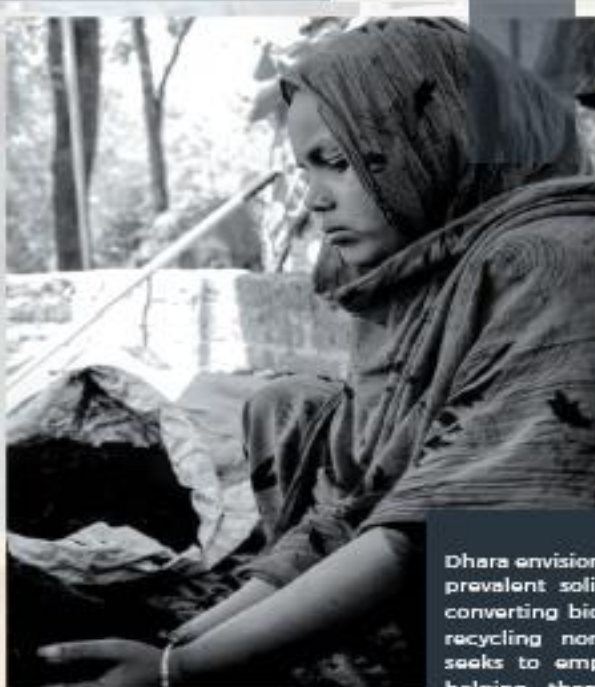
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ANNUAL REPORT

2017-18



Dhara

Dhara envisions to bring about a change in the prevalent solid wastes disposal methods by converting bio-waste into vermicompost and recycling non biodegradable waste. Dhara seeks to empower marginalised women by helping them to move towards financial independence and reduce social inequalities. Our vision is to provide an alternative to chemical fertilizers in order to reduce the burden on landfills and water bodies, thereby reducing pollution.

PROJECT DHARA

PARTNERS



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TARGET AUDIENCE

Community of Marginalised Slum Women and former manual scavengers

NEED

1. Lack of job opportunities
2. Social Discrimination
3. Facing Economic Distress

NEED ASSESSMENT

RELEVANT FACTORS

We were propelled to introduce organic manure in order to curb the soil deterioration caused by the extensive use of chemical fertilizers and pesticides.

ENTREPRENEURIAL ACTION

IMPACT

<p>CREATED 9 WOMEN ENTREPRENEURS</p>	<p>16 100 PEOPLE DIRECTLY & 241000 PEOPLE INDIRECTLY IMPACTED</p>	<p>REVENUE GENERATED ₹ 138.17</p>	<p>3 PRODUCTION CENTRES</p>
<p>LABOUR HOURS: 192 HOURS & \$2.95 PER HOUR</p>	<p>168,603 GALLONS OF WATER CONSERVED</p>	<p>134.4 TONNES OF WASTE DIVERTED</p>	<p>INCREASED INCOME BY 150% FOR 3 SCRAP DEALERS</p>

SUSTAINABILITY

FETCH ME WISHES PVT. LTD.
Aims to fulfill Deliveries in T+2 day

CONTINUOUS COLLABORATIVE ORDERS
from Schools, Nurseries and government resellers

ADVISORY BOARD

DR. MAHI A. NANDHI
(FACULTY ADVISOR)
Associate Professor, Department of Commerce, JMC

MR. KARTHIK SESHAN
Manager, Rural Water, Araghyam

MR. RAHUL RATTU
Founder, Shoed Up

DR. ALKA SEHGAL
Associate Professor, B.El.Ed. Department, JMC

MR. PANKAJ MEHNDIRATTA
Consultant, Livelihoods and Capacity Building, Development Sector

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ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF)

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JESUS AND MARY COLLEGE All India Catholic University Federation (AICUF) AICUF ACTIVITIES: 2017-2018

Teacher Convenor: Dr. Joan Antony

Teacher members: Ms. Lisy Jose

Dr. Molly Abraham

Dr. Christu Doss

Mr. Naveen Thomas

Ms. Megha Jacob

President: Maya Das

Vice President: Rhea Baretto

No. of Student Members: 270

1. 17th August - Society Fair
2. 6th September - (WSC talk)
3. 13th September - AICUF Orientation
4. 27th September - Debate competition : Topic - Is women empowerment a myth in India?
5. 11th October - CJM international sisters' visit to JMC
6. 23rd October - Full Meal with AICUF



7. 25th October - Biblical Skit Competition "Pelagia"

8. 17th January - Talk on BATTLING ADDICTIONS – Speaker – Dr. Joan Antony

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9. 31st January - ARTH BAND



10. 1st February - INTER-RELIGIOUS SHARING – Title – Can science and religion converse? Moderator – Dr. Joan Antony; Panelists – Prof. Akhtarul Wasey (Vice Chancellor, Maulana Azad University, Jodhpur); Dr. Varindera Paul Singh (Senior Neurosurgeon, Chairman, Medanta Institute of Neurosciences, Gurugram); (Fr.) Dr. Job Kozhamthadam (Director, Institute of Science and Religion, Delhi); Swami Padmaprakash Juana Thapaswi (Director, Santhgiri Ashram, New Delhi).



11. 28th February - Gospel Singing Competition



12. 9th April – Social Responsibility Sensitization (Distribution among construction workers)
13. 16th April – Social Responsibility Sensitization (Distribution among construction workers)
14. Outreach Program: Members work with NGOs
15. June-July 2018 – Organization and discipline during admission days

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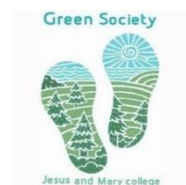


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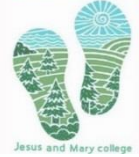
GREEN SOCIETY



JESUS AND MARY COLLEGE

GREEN SOCIETY REPORT: 2017-2018

Green Society



1. Screening of documentary 'THE URBAN GREEN' was organized on September 13, 2017. The documentary was woven around the theme of environmental conservation specifically in the urban areas. The screening was followed by an active discussion on the role of an individual in conserving environment and the concept of carbon footprint. Thereafter students were asked to write reviews on the documentary and the competition was judged by Dr. Aradhna Mani.
2. The members of Green Society along with few teachers of our college namely, Mrs. Minakshi Ma'am, Ms. Gurpreet ma'am and Ms. Anuja ma'am went for a nature walk to one of the Delhi's prominent tourist spot – Lodhi Garden, on Saturday; October 14, 2017
3. On October 10, 2017, an in-house Poster making competition was conducted where the participants expressed their views and thoughts about celebration of eco-friendly Diwali through their creativity. The posters were displayed in prominent places within college and in nearby residential colonies.
4. An inter-college online poster making competition 'ABHIVYAKTI' was organized on October 14, 2017, judged by Mrs. Mansi Aneja. The participants expressed their ideas on the theme 'To be or not to be; it just lies in your hand' through digital posters.
5. An Anti-cracker Silent Rally in the colonies near college was organized on October 10, 2017, to spread awareness about the harmful impact of crackers.



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6. Conducted a Poster Making Competition on the theme 'Save the Wetlands from being Wastelands' on January 31, 2018 and celebrated World's Wetlands Day on February 2, 2018.
7. Conducted ' EnvironQuiz Competition' on February 16, 2018 and ' Express Your Greenances', a creative expression competition about environment concerns on February 17, 2018 as a part of Montage'18, the annual college festival which was attended by the students from across Delhi



8. On February 28, 2018, a community awareness programme was conducted urging people to play Holi in safe and natural way. The volunteers encouraged children and adults to use natural colours and design posters on 'Khelo Holi Naturally'. These were displayed in residential areas near college and where various students resided.
9. An intra college Best out of Waste Competition, 'Make the Scrap worth a Wrap' was held on January 8, 2018; judged by Mrs. Monica Soin Chabra and Dr. Rekha Dayal.
10. The members of the green society attended workshop organized by the Dept. of Environment, Govt. of NCT Delhi on September 14, 2017 on 'Prohibition on open burning of any kind of material- A small step targeting big step.
11. A Photography Competition was organized on January 17, 2018 on the theme 'My Eco Spot' with the aim to redirect the attention towards the natural beauty of the campus; judged by Mrs. Mansi Aneja and Dr. Aradhna Mani.
12. Green society's facebook page has also been kept very active with articles, blogs, news about the environment. Various templates/posters were designed and 'Quote of the Week' was also run by the society.
13. A Green Board was maintained by a group of students, displaying posters on different initiatives of our society and made people aware about different issues like Pollution, Global Warming and initiatives like Green Diwali Campaign.

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NATIONAL CADET CORPS (NCC)



National Cadet Corps (NCC) Jesus and Mary College Academic year: 2017-2018

NCC, JMC as an organization was incorporated in 1974 and has been operational since then. There are 160 cadets enrolled right now. NCC conducts various activities every year where cadets participate enthusiastically. There are various events and camps that are being organized. NCC conducts various social awareness drives, rallies, etc. This year, we have conducted traffic awareness drive in collaboration with traffic police of Delhi and tree plantation drive in which we have planted 5 amaltas plants in campus only. The camps in which our cadets participated throughout the year were:

1. CATC (combined annual training camp), Delhi : 45 cadets participated.
2. Trekking camp, Himachal: 3 cadets participated and won first prize in cultural.
3. National integration camp, Varanasi: 3 cadets participated and won prizes in solo dance, group dance, Best anchor.



4. National integration camp, Orissa: 1 cadet participated.
5. National integration camp, Mangalore: 4 cadets participated and won prizes in dancing and NIAP (National Integration awareness presentation).

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6. Special national integration camp, Dimapur: 5 cadets participated and won prizes in dancing, singing, best anchor and sports.

7. Shooting camp: 1 cadet participated.

8. Parasailing: 2 cadets got selected.

9. Republic day camp, Delhi: 1 cadet got selected.

Highlights of the year 2017-18:

1. SUO kajal Chaudhary has got selected for shooting from Delhi and she has further represented Delhi directorate and made it to finals. Also, she has got DG recommendation for her fabulous performance.

2. LCPL Dhishma Grace(vice president) has got selected for the most prestigious camp which is republic day camp and best cadets from overall India after the rigorous process of selection comes to this camp. She was a art of central cultural programme because of her flawless Bharatnatyam.



3. SUO Pallavi Kaushik (President) was selected as camp senior in national integration camp, Mangalore and she has got charge over 330 cadets.

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EQUAL OPPORTUNITY CELL (EOC)



EQUAL OPPORTUNITY CELL

EOC REPORT 2017-18

Equal Opportunity Cell as the name suggests works to provide equal opportunity to the disadvantaged students. Enrolment for the Cell took place in the month of August. Volunteers for the Cell started working towards its objectives since then. Many meetings took place of the office bearers, volunteers, with coordinator Dr. Savita Rastogi together with other teachers-members (Dr. Gargi Jain, Ms Rashi Mukhopadhyay, Ms Saloni, Ms Ruhi Ghai took place. Mrs Charu Sarin, (Assistant Professor, Department of Commerce and Convener, Fine Arts society) assisted the Cell with the decorative works throughout the year.

Annual Fest was organised on 27th October, 2017 with the kind approval of funds by the Principal Dr.(Sr.) Rosily. The fest was named "Unnati" which means the development and upliftment which perfectly gels with our work. The chief guest of this event was Dr. Anil Aneja (OSD, EOC of DU). Dr. Nikhil Jain (Assistant Professor and EOC coordinator, Dyal Singh College) was the Guest of Honour.

The fest started with the Principal welcoming the guests. Both the speakers spoke on "Inclusive education & enabling provisions in the past" and on "The Rights of Persons with Disabilities Act, 2016". Asmita Theatre group performed a play "Budhappa" to sensitize audience towards old people. During the fest, inter college competitions were organised in Poetry, Singing, Dancing and Debating.

The coordinator (Dr. Savita Rastogi) attended a lecture on inclusion in higher education through universal design by **Ms. Kursten Lass Dubbels**, Assistive Technology & Universal Design for Learning Specialist at Minnesota Department of Education, USA. The lecture was held at the University International Guest House on 3rd November, 2017. She also visited photo exhibition on "Barrier Free World for all on 13th October 2017 held at IGNCA. She also attended EOC annual event at Kamla Nehru College on 23rd Jan 2018.

A fund raiser in the form of "Bake sale" was organised on 13th February, 2018 on college premises under the initiative and leadership of teachers Ms Saloni and Ms Ruhi. The amount raised was to be used to fund upcoming events. Also, we got funding from Du Express and Highway Connect sponsoring the event.

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The next event held was "Prayaas" which was a part of JMC's Annual fest Montage organised on 16th February 2018. At Prayaas "Singing" competitions were held. Photos of winners getting prizes from judges are attached herewith.

Two of our physically challenged students, Kajal Mishra and Lucky Singh, participated in a running event organized on the Sports Day and won prizes.

Closing event was held on 4th April whereby the Chief Guest was Ms Abha Khetarpal, an activist who won National Award in 2016 by the President of India and was chosen as one of the 100 women achievers by the Ministry of Women and Child Development. A short documentary on the events of EOC was shown and the annual report was presented. Certificates were given to volunteers, core team members, office bearers and members.

President: Kajal and Nishtha; Vice President Anns



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HINDI DEBATING SOCIETY



HINDI DEBATING SOCIETY REPORT JESUS AND MARY COLLEGE Year:- 2017-18

Convenor: **Dr. Meenakshi Kumar**

Hindi Debating Society organised debating competitions on the topics related to Human Values and Professional Ethics. The details are as under:-

I. HUMAN VALUES:

1. Topic of the Debate: 'Shiksha ke dwara Bharat ko bhrashtachar mukt banaya jaa sakta hai' (शिक्षा के द्वारा भारत को भ्रष्टाचार मुक्त बनाया जा सकता है)

Number and Identity of participants:- Approximately 12 participants. All the participants were students of Jesus and Mary college.

Purpose of the event:- We chose these topics for our debating event during the Vigilance week celebration in our college to correlate the link between corruption and education. To inculcate human values in students by making them aware.

II. PROFESSIONAL ETHICS:-

1. Topic of the Debate: 'Social Media manviya mulyo ke liye ghatak hai' (सोशल मीडिया मानवीय मूल्यों के लिए घातक है)

Number and Identity of participants:- Approximately 30 participants. All the participants were students of Undergraduate colleges.

Purpose of the event :- The vitality of choosing this topic lies in the fact that people from all ages and especially large chunk of digitally literate youth has adopted social media as a platform to remain connected to others and to get informed on various issues. This platform comes with its pros and cons on human values like truth, honesty, loyalty etc. which proves it to be important topic to debate.



NDMC School Project

BAPU DHAM PROJECT REPORT 2017-18

In 2018, a Memorandum of Understanding (MOU) was signed to increase cooperation between Jesus and Mary College, New Delhi (JMC) and New Delhi Municipal Corporation (NDMC) in areas of mutual interest. Implementation of the Program Activities in this MOU aims to help Jesus and Mary College and New Delhi Municipal Corporation to enrich NP Co-ed Senior Secondary School, Bapu Dham, through transformative practices, multi-level interventions and collaborative partnerships.

Jesus and Mary College has been actively engaging in various activities at the N.P. Co-Ed Senior Secondary School. The focus of the activities has been to generate long term synergies between the School and the College for the welfare of students attending the school. The areas identified for intervention are language, mathematics, environmental issues, mental health, and other psychological aspects ,sports, computer literacy, networking with agencies who are already working in the area and can contribute to the school. To make the impact of intervention sustainable we would facilitate teacher training and work on school culture that promotes enquiry and inclusive growth of teachers and students. The school library is a rich resource, and the infrastructure is also very suitable. We would like to instill processes that ensure optimum usage of these resources. The activities so far have focused on the following areas:

1. Psychological Aspects

The activities in this area have focused on the needs to assess the psychological needs of students of different age groups and intervene where needed. At the primary level of students, the focus has been to explore and deal with health and psychosomatic concerns that inhibit the adjustment of the child in school. At the middle level, the focus has been extended to explore and understand the development of self-concept as a notion and also investigate the gaps in the same. It has targeted to discover and deal with teenage concerns such as body image, bully behaviour, peer pressure, social media, cyber bullying etc. at the senior level of students, and aimed at understanding and dealing with career concerns, performance anxiety, stress and interpersonal concerns.

Our team has conducted a baseline needs assessment at the school. This involved several meetings with the principal and senior staff to understand the needs and issues pertaining to mental health and to gauge the level of awareness amongst students and teachers on mental health. In the thematic analysis of the in depth qualitative interviews, it revealed that several areas warranted immediate psychological intervention such as:

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1. Advocacy of mental health
2. Construction of self-concept
3. Emotional wellbeing of students and teachers
4. Managing behavioural disorders
5. Art based experiential intervention
6. Sensitization of parents at primary level
7. Facilitation of factors implicit in learning process
8. Enhancement of personal and social sense of self
9. Advocacy of factors promoting holistic wellness
10. Management of interpersonal conflicts amongst teachers
11. Promoting work life balance amongst teaching fraternity.

The psychology team has deliberated on the above findings and is designing customized interventions for the same.

2. Subject Areas

The interactions of our teachers with faculty and students of the schools helped us arrive at two key areas of academic cooperation,

a. Mathematics

A team of students and teachers from our mathematics department conducted a baseline survey at the school to assess the areas of intervention. The main objective of the students was to help students of class 1 and 2 overcome the fear of mathematics.

The baseline assessment was conducted by conducting fun activities for ice breaking and thereafter testing the students on their class specific curriculum. This has allowed us to make a general assessment of the math abilities of the students and to further plan specific intervention for the same.

b. English

Based on discussions with the school HM and with teachers we conducted one workshop on reading comprehension for all language teachers- English, Hindi and Urdu . It was found to be very relevant and thought provoking by the teachers and the principal. However the follow-up workshop could not be done due to time constraints and availability of the teachers.

A team of students and teacher from our college conducted an initial ice breaking session with small groups of students through fun activities and poem recitations. This was intended as a first contact with the students before conducting a more detailed baseline assessment of the students English comprehension.

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3. Sports

The sports department of our college has started training the students of the school for cricket and tennis. Currently, 7-8 Students have joined the S.M Cricket Academy of our College. Further, the college has tied up with Petroleum Sports Promotion Board (PSPB) to provide training to the students of the school.

4. Future plan of Action

The broad objective of the activities so far has been to make an initial assessment of the psychological and academic areas for intervention at the school. Our future plan of action involves take a step further towards designing and implementing specific interventions that will benefit the students and attempts will be made to train teachers to make these interventions successful. In addition to these, the following are other objectives that we plan to implement in the near future:

- a. Introduction of co-curricular and extra-curricular activities by:
 - i. Exploring a tie up with the National School of Drama to conduct workshops for students.
 - ii. Training students and thereafter conducting a nukkad-natak competition for the students by the Indian Drama Society of our College.
 - iii. The Model United Nations Society of college will conduct workshop for students so that we can train a team to participate in our college's model united nations conference in January.
- b. Painting the wall and ramps with various educational pictures and games to use the building as a learning resource and provide immersion to the students..
- c. We are in the process of collaborating with organizations such as World Wide Fund for Nature (WWF), Indian National Trust for Art and Cultural Heritage (INTACH) and Centre for Cultural Resources and Training (CCRT) to organize nature trails, indoor workshops, wildlife talks, hands on experience with artefacts of cultural, historical significance.
- d. We plan to conduct a detailed demographic survey of the students to identify challenges of learning when students have a different mother tongue and also to identify factors that will help reduce the home school divide that children face.
- e. A sample survey (78 households) of the nearby slum cluster 'Sanjay Camp' by the Economics Department of Jesus and Mary College, which lies in the catchment area of the school, has revealed that close to 20% of the school going age children in the sample are currently not enrolled or have dropped out of school. Further, there are several parents who feel that there is no point of educating their girl child beyond class 10. With the support of school, we will make an attempt to get these students to enroll in school as well as provide them with support services to overcome their inhibitions in educating their girl children.

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- f. We will be designing two 30 hour certificate courses on Microsoft Office for the students of class 6 which will help them gain proficiency in computer usage and therefore opening new avenues for learning. We will also be conducting workshops for primary school students which will familiarize them with computer usage as well as teach them basic typing as a gateway tool for learning using the computer. We will also energize use of smart boards available in the classrooms.
- g. This academic year onwards, the college will be providing counselling and support services to the newly graduated students of the school who will be applying to various academic programs in Delhi University.



Report of extension activities of departments (2017-2018) Jesus and Mary College

Extension Activity organized by the Department of Psychology

- **Psychology department** organised suicide prevention awareness campaign (jivivisha) from sept. 1-8, 2017. 50 students participated in the campaign.

Extension Activities organized by the Department of History

- In February 2018, a group of 8 students of the History Department, under the guidance of Dr. Maya John, began working on an oral history project on the working class slum cluster, Baljeet Nagar, near Zakhira, Delhi. The work is ongoing. The students presented their preliminary observations at the Annual Student Seminar on how a detailed history of migrant labour and capital - labour conflict in Delhi can be traced through this slum cluster. The students have been interviewing local trade union activists, and different generations of workers in the slum
- In collaboration with Political Science Department of JMC, the History Department organised a talk by Professor Mridula Mukherjee, formerly at Centre for Historical Studies, JNU on 01 September 2017, on 'Gandhi and Indian Nationalism: From Champaran to the Quit India Movement'. Approximately 150 students participated.
- Since 2018, 11 students of the History Department, under the guidance of Dr Richa Raj have been working on an oral history project on 'Mapping Gender in Delhi'. The students have conducted interviews of inspiring and influential women in Delhi such as Late Professor Aparna Basu, formerly at University of Delhi and former President of the All India Women's Conference. They have also interviewed Aanchal Malhotra, a multidisciplinary artist and oral historian working with memory and material culture. In the process, the students were trained how to conduct interviews in a video format, raise important questions and the method of transcription.
- 2018 we had a our students working on the 'Food Culture' of Daryaganj. As part of the study the students (team of five girls: Esther Gangte, Priyanka Phogat, Police Preethi, Minu and Ananya Peddibhotla) interacted with the local community at Daryaganj—migrant workers, shopkeepers, local residents, regular shoppers etc and recorded their oral histories. They also presented a paper putting forth their observations on the cosmopolitan culture evolving in Daryaganj which also struggled to keep its historical legacy. This was studied over a period of 2-3 months. The supervision was provided by Dr. Saumya Varghese, TIC and Assistant Professor, Department of History, JMC.

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- In 2018 our students (a team of 6 girls- Jisa Ann Thomas, Diya James, Elsa Rose John, Gitty Geordy , Litta Thomas, Ashmitha Thomas) also explored the Book Markets of Daryaganj and in this process once again traced the evolving of the legendary publishing houses, book stores and peddlars selling second hand books from makeshift pavement shops. This was studied over a period of 3 months. The students also presented a paper on the same entitled “ Exploring the many histories of the Book Bazaars of Daryaganj” in the student seminar held by the Department in April 2018. The supervision was provided by Dr. Saumya Varghese, TIC and Assistant Professor, Department of History, JMC
- On 18 January 2019, there was a College Heritage Volunteer Workshop organised under the aegis of INTACH (New Delhi) provided a unique platform and opportunity to our students for discussions in and around heritage.
- In the year 2018 the department organised an outreach programme and collaborated with an NGO in Samaypur Badli. The students of the history department organized a collective drive and the clothes, books, shoes, etc which was donated to children who were students of the NGO.
- During the Kerala floods 2018 the students and teachers of the department collected new clothes, food and other material and collaborated with the college NSS to send these to the affected area.

Extension Activity organized by the Department of English and Mathematics

- The Golden Jubilee project of the college with NDMC was launched by the Honourable President of India, wherein the Babu Dham school was adopted in order to enrich the students with all round holistic education. A team of students and teachers from **English and Mathematics department** visits the Babu Dham School once in a week to help the students to develop the better understanding of the subjects. The **EVS department** has conducted several workshops for teachers and students.

